

THOMSONS

KITCHEN & BAR

BREAKFAST MENU

SIMPLE & CLASSICS

THOMSONS FULL BREAKFAST **NF**

Two free-run eggs any style, choice of natural smoked bacon, local pork sausage or chicken sausage, crispy herb potatoes, toast

20

THOMSONS HEALTHY GREEN CHOICE **GF VG**

Quinoa, ratatouille, baby spinach, parsley, tofu scramble, salsa

18

MEDITERRANEAN SKILLET SOUFFLÉ OMELET **GF V**

Free-run whole eggs, sun-dried tomatoes, artichoke, olives, feta, crispy herb potatoes

19

WESTERN SKILLET SOUFFLÉ OMELET **GF NF**

Free-run eggs, bacon, pork sausage, bell pepper, cheddar cheese, crispy herb potatoes

20

FARMER'S CROISSANT **NF**

One croissant, creamy mushrooms, bacon, melted brie, side house greens salad

18

AVOCADO TOAST **DF V**

Toasted sourdough, avocado-hummus, ripe avocado, arugula, fried egg, crema balsamico

19

THOMSONS BREAKFAST SANDWICH **NF**

Brioche bun, free-run scrambled egg, arugula, roasted garlic aioli, bacon, crispy herb potatoes

18

ADD CHEDDAR OR SWISS CHEESE 2

BENNY'S

CLASSIC **NF**

English muffin, Canadian back bacon, poached free-run egg, traditional hollandaise

20

VEGGIE **NF V**

English muffin, plant-based patties, poached free-run egg, traditional hollandaise

20

DE LA MER **NF**

English muffin, sautéed lobster, spinach, poached free-run eggs, cajun-hollandaise

24

SWEET 'N SAVOURY

SALTY CARAMEL DELIGHT WAFFLE **NF V**

Belgium waffle, salted caramel ice cream, caramel sauce, seasonal berries

18

RICE PUDDING & UBE HALAYA **GF NF VG**

Coconut milk, maple syrup, vanilla, purple yam, seasonal berries, toasted coconut flakes

16

DUTCH CHOCOLATE & BLUEBERRY PANCAKE **NF V**

Cast iron baked pancake, dark chocolate Chips, blueberries, whipped vanilla cream, cherry compote

16

MORNING BEVERAGES

LOCALLY ROASTED DIRECT TRADE COFFEE
DECAF AVAILABLE

BREWED COFFEE

4.5

ESPRESSO/AMERICANO

4.5

CAFÉ LATTE

5.5

CAPPUCCINO

5.5

MILK 2%

3.5

CHOCOLATE, ALMOND, SOY, OAT

4

MASALA CHAI

Authentic Indian chai

5.5

PEPPERMINT LEAVES

Caffeine-free peppermint leaves

5.5

MEADOW

Caffeine-free chamomile

5.5

JASMINE SILVER TIP

Full leaf green tea scented with jasmine

5.5

PORTLAND BREAKFAST

Organic black tea

5.5

LORD BERGAMOT

Traditional Earl grey

5.5

BOTTLED WATER 250 ML | 750 ML

Still or sparkling

4 | 9

FLAVOURED SPARKLING WATER

Melograno & Arancia, Limonata, Aranciata

5

FRESH JUICES

Fresh orange, fresh melon, fresh carrot

8

BOTTLED JUICES

Orange, cranberry, apple, grapefruit, tomato

4.5

HOUSE-MADE SMOOTHIE

Seasonal fruits, almond milk, honey, lime, mint

8.5

BOTTLED SMOOTHIE

Green Machine & Mighty Mango

8

CHEF'S CHOICE OF BREKKIE

BRAISED BISON SHORTRIB BREAKFAST POUTINE **NF**

Two free-run fried eggs, baby spinach, cheese curds, gravy, crispy herb potatoes

23

STEAK BITES & EGGS **GF DF**

Two free-run fried eggs, tenderloin tips, bell peppers, red onion, mushrooms, crispy herb potatoes

24

MORNING STARTER

VEGAN ALBERTA STEEL CUT ORGANIC OATS **GF VG**

Hot steel cut oats, dried currants, toasted almonds, brown sugar, sunflower seeds

13

ALMOND YOGURT BOWL PARFAIT **GF NF VG**

Granola, cherry compote, summer berries, maple syrup, hemp hearts

15

CEREALS

SELECTIONS OF HOUSEMADE GRANOLA, SUGAR-FREE GRANOLA CEREAL OR ORGANIC CEREAL

7

SIDES

TOAST

5

CRISPY HERB POTATO

5

SEASONAL SLICED FRUITS

11

1 BELGIUM WAFFLE

8

SEASONAL BERRY BOWL

9

1 LARGE PANCAKE

9

BAGEL & CREAM CHEESE

7

AVOCADO

7

DAILY MUFFIN OR DANISH

4

SUSTAINABLE SMOKED SALMON

10

1 EGG ANY STYLE

4

HOLLANDAISE SAUCE

3

2 EGGS ANY STYLE

7

REAL CANADIAN MAPLE

4

3 NATURAL SMOKED BACON

7

SYRUP

4

3 LOCAL BREAKFAST SAUSAGE

8

Pork or chicken

GF Gluten-free DF Dairy-free NF Nut-free V Vegetarian VG Vegan

Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of foodborne illness. 18% gratuity will be added to groups of 8 or more. Prices are exclusive of gratuity & tax.